

Enjoy:

- cultivating your creativity
- expressing your inner child
- writing your life purpose
- lively music, heartfelt meditations
- healthy, delicious meals
- soul-nourishing yoga, massage, movement
- time in nature with river play, hiking, labyrinth
- connecting with like minded, friendly folks

Susie Monday is a noted artist, author, art educator and creative workshop leader with a gift for helping others overcome their creative blocks to self-expression. If you've ever doubted the power and value of your own creativity, Susie's playful activities will take you to the Source as you map your personal creative history and imagine yourself into the future. Collage and meditative drawing (yes, you can draw!) exercises will open doors and let us share our creative paths with each other.

Linda Cuéllar teaches Joy in My Art writing workshops with artists. She is a native of the United States and Mexican borderlands. She received her BS from the UT, Austin, MA from St. Mary's University and her Ed.D from Texas A&M, Corpus Christi. She worked for radio and television stations as a journalist and is now retired from a career in teaching Communication courses at Northwest Vista College.

Mary Mosley celebrates the path of yoga as one that supports self-discovery, mindfulness, and healing. As a middle school teacher, she believes in the power of yoga for teaching everyone, but especially young people, how to understand and process their experiences and emotions in ways that lead to greater understanding and awareness. Mary is registered with Yoga Alliance as a RYT-200.

Rudi Harst and Zet Baer have been sharing their capacity for soul-centered living in a variety of settings since 1980, combining Rudi's skills as an inspirational speaker, singer and meditation teacher with Zet's unique gift for nurturing others through her creativity and compassion

Only \$195 Includes all activities, registration, meals, and lodging
(Early Registration discount price \$175, if paid by October 6th)
Registration for
Saturday-only option: \$100.00

Non-Profit
Organization
US Postage
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Permit #3091
San Antonio
Texas

CELEBRATION
CIRCLE
A Creative Approach to Spirituality
1830 East Pyron, San Antonio, TX 78223
RETURN SERVICE REQUESTED

CREATE YOUR LIFE

A Heart and Soul Nourishing Retreat

October 12-14, 2018

Slumber Falls Retreat Center
Located on the scenic
Guadalupe River
in New Braunfels, Texas

Facilitators



Zet Baer and
Rudi Harst



Susie Monday



Linda Cuéllar



Mary Mosley

\$195.00 includes:
Only \$175 with lodging,
Early Registration meals,
Such a deal!! activities

► Slumber Falls Camp and Retreat Center is located on scenic River Road just outside New Braunfels, 35 miles north of San Antonio. Nestled on the banks of the Guadalupe River, Slumber Falls provides an ideal setting for relaxing and re-energizing your body, mind and spirit.

► Accommodations are dormitory-style. Both air conditioned lodges and screened-in cabins are available on a first-come, first-served basis. For more information about the facilities visit SlumberFalls.com

► Registration begins at 5:00pm on Friday, followed by dinner at 7:00pm and ends with a worship service followed by Brunch at Noon on Sunday.

"It's like going to one of those great, all-inclusive, spiritual retreats at an exclusive resort – only much closer, more affordable and easier for us to get to!"

Supply Checklist

- Twin bedding
- Pillow
- Towels
- Flashlight with batteries
- Insect repellent
- Sun screen
- Hat
- Water bottle
- Walking shoes
- Lightweight jacket
- Swimsuit
- Swim towel
- Water shoes
- Loose clothing for yoga
- Yoga mat or blankets
- Lawn/folding chair
- Consider bringing along a favorite song, poem, musical instrument, game, reading or something else that you'd like to include in our weekend.

visit us at
CelebrationCircle.org

RETREAT REGISTRATION

Make checks payable & mail to:

Celebration Circle
 1830 E. Pyron
 San Antonio, TX 78223

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE (mobile) _____ (home) _____

E-MAIL _____

Credit Card # _____ Exp Date ____/____/____

Name on Card (print) _____

Signature _____

Any special dietary restrictions that our chef needs to know about? _____

☐ \$175 Early reg. by October 6th

☐ \$195 After October 6th

☐ \$100 Saturday Only

Any questions? 210-533-6767

circle@celebrationcircle.org